

## The power of together



## VIRTUAL AGENDA

## The How-To's of Managing Food Allergic Reactions at Home

Speaker: Anna Nowak-Wegrzyn, MD, Professor of Pediatrics, NYU Grossman School of Medicine

#### **OBJECTIVES:**

- 1. Describe acute manifestations of food allergy (IgE- and non-IgE-mediated)
- 2. Identify interventions that can be utilized at home
- 3. List indications for activation of emergency services

## Food Allergen Labeling: What You Need to Know Today

Speaker: Carina Venter, PhD, RD, Associate Professor of Pediatrics, Section of Allergy & Immunology, University of Colorado Denver School of Medicine, Children's Hospital Colorado

#### **OBJECTIVES:**

- 1. Explain food allergen labeling laws in the U.S.
- 2. Illustrate proposed changes to FDA food allergen labeling during an international pandemic
- 3. Show practical suggestions about how to communicate pros and cons of precautionary advisory labeling to your patients

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Nutricia North America would like to thank Marion Groetch, MS, RDN and Carina Venter, PhD, RD for their guidance into the development of the course agenda.





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## **FPIES: A Difficult Disease During Uncertain Times**

Speaker: Marion Groetch, MS, RDN, Director of Nutrition Services, Jaffe Food Allergy Institute; Assistant Professor Pediatrics, Division of Allergy & Immunology, Icahn School of Medicine at Mount Sinai

#### **OBJECTIVES:**

- 1. List common trigger foods for FPIES in published case series
- 2. Discuss the risk for multiple food FPIES and the potential impact on complementary feeding
- 3. Explain dietary management, nutritional risks, and nutritional approach to the patient with FPIES during the COVID pandemic

### Making Food Fun! Practical Tips for Your Patients with Food Allergies

Speaker: Raquel Durban, MS, RDN, Asthma & Allergy Specialists, PA; Food Allergy Institute of Charlotte; Adjunct Professor, Winthrop University

#### **OBJECTIVES:**

- 1. Explain challenges of food procurement
- 2. Discover tips to prepare available foods in creative ways
- 3. Ensure adequate nutrition despite adversity

## The Role of Early Infant Feeding to Prevent Food Allergies

Speaker: Sherry Coleman Collins, MS, RD, LD, President, Southern Fried Nutrition Services

#### **OBJECTIVES:**

- Incorporate the latest guidelines for early infant feeding to prevent food allergies into clinical practice
- 2. Provide guidance for oral food challenges based on the latest expert consensus
- 3. Recommend specific foods in age-appropriate forms to assist families with early infant feeding for food allergy prevention

#### How to Get Started with Virtual Dietetics

Speaker: Alexia Beauregard, MS, RD, CSP, LD, Chief, Clinical Dietetics Branch, Winn Army Community Hospital; Faculty, Ellyn Satter Institute

#### **OBJECTIVES:**

- 1. Explain the benefits of telemedicine for RDs and patients
- 2. Identify platforms available for telemedicine
- 3. Illustrate patient education techniques to help connect to patients virtually

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